

RIFFA VIEWS INTERNATIONAL SCHOOL

Senior School Menu

Healthy Cookies 0.700 each

Oatmeal cookie (GL,D) 60g

Apple cinnamon cookie (GL, D) 60g

Brekkie | Breakfast

Cereal-ously, start your day on a crispy note | (GL, D) 150g 1.0

Corn flakes with hot or cold milk, maple syrup Optional: fresh berries + 0.600

Bircher Müesli – Classic Swiss breakfast | (GL, D) 80g 1.3

Müesli with yoghurt, honey, fruits

Bakery

Plain croissant | (GL,D) 100g 0.7

Turkey & cheese croissant | (GL, D) 170g 1.5

Zaatar croissant | (GL,D,SE) 100g 1.0

Feta cheese & tomato croissant | (GL, D) 150g 1.2

Strawberry Danish pastry | (GL, D) 100g 1.0

Peach Danish pastry | (GL,D) 100g 1.0

Vanilla cupcake | (GL,D,E) 70g 0.8

Chocolate cupcake | (GL,D, E) 70g 0.8

D (dairy)
S (seafood)

CONTAINS:
SE (seed)
V (vegetarian)

GL (gluten)
E (egg)

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Salads

Avocado chicken (D) 150g	1.6
<i>Avocado, grilled chicken breast, fresh berries, romaine lettuce, yoghurt dressing</i>	
Classic Caesar (GL,D) 150g	1.6
<i>Romaine lettuce, parmesan shavings, garlic croutons, Caesar dressing</i> Optional: With chicken + 0.800	
Nachos (GL, D) 150g	1.8
<i>Romaine lettuce, tomato, onion, sweet corn, black beans, avocado(guacamole), cheese cheddar, nachos</i>	
Sushi 8 pcs per box	
Crab mango roll (S,D,GL) 120g	2.7
<i>Crabmeat, carrot, leeks, green caviar, cream cheese, fresh mango</i>	
Caterpillar maki roll (S,GL, SE) 120g	2.7
<i>Smoked eel, shrimp, avocado, cucumber, Teriyaki sauce</i>	
Veggie roll with sesame seeds (GL,V, SE) 120g	2.3
<i>Asparagus, carrot, cucumber, smoked vegan sauce</i>	

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Bagels

Zaatar bagel (GL, D, V, SE) 150g <i>Avocado, radish, honey cottage cheese</i>	1.9
Black sesame bagel (GL, SE, D, V) 150g <i>Italian buffalo mozzarella, vine ripe tomatoes and basil pesto</i>	2.0

Sandwiches & other bites

Beef burger sliders with coleslaw (GL, D) 150g <i>Lettuce, tomato, cheddar or emmental cheese with BBQ sauce</i>	2.2
Chicken burger sliders with coleslaw (GL, D) 150g <i>Lettuce, tomato, cheddar or emmental cheese with BBQ sauce</i>	2.1
Falafel wrap (GL,SE,D) 175g <i>Lebanese bread, lettuce, tomato and tahina sauce</i>	1.6
Grilled chicken tikka wrap (GL, D) 175g <i>Lettuce, tomato, cucumber, mint on saj bread</i>	1.9
Halloumi sandwich (GL, D) 150g <i>Lettuce, tomato on white toasted bread</i>	1.7
Classic club sandwich (GL, D) 175g <i>Chicken breast, lettuce, tomato, beef bacon on bread</i>	2.0
Panini (GL,D) 175g <i>Turkey ham, cheddar cheese on a ciabatta bread</i>	1.8
Vegetarian panini (V, D, SE, GL) 150g <i>Roasted red peppers, rocket leaves, herbed feta cheese and hummus on toasted ciabatta bread</i>	1.5
Steak sandwich (GL, D) 200g <i>Grilled beef with peppercorn sauce, onion and cheese on a toasted baguette</i>	2.8

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Pizza

Diavola (GL, D) 10 inches	2.1
<i>Tomato, fior di latte mozzarella, spicy beef salami, fresh chilli, basil</i>	
Margherita (GL, D) 10 inches	1.7
<i>Tomato, buffalo mozzarella, basil</i>	
Funghi (GL, D) 10 inches	2.0
<i>Tomato, fior di latte mozzarella, wild mushroom, fresh thyme</i>	

Dessert

Chocolate mousse (GL, D)	1.5
Fruit tart (GL, D)	1.5
Cheesecake (GL, D)	1.5
Carrot cake (GL, D)	1.5

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Fresh Juice, Smoothie & Coffee

Fresh Juices

Orange juice	1.0
Green apple + carrot	1.0
Watermelon	0.8

Smoothies

Mango & strawberry	1.5
Banana	1.5
Raspberry & blueberry	1.5

Still water	0.250
Selection of ice tea (zero sugar)	0.350
Selection of chilled juices	0.350

Coffee

Espresso	0.8
Americano	1.0
Flat White	1.2
Cappuccino	1.5
Café Latte	1.5

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Combo Option (Pre-order)

Sunday

Category	Option 1	Option 2	Option 3	Option 4
Salad	Garden salad	Coleslaw	Cucumber salad	Classic Caesar
Main Course	Chicken burger	Chicken pasta	Turkey cheese sandwich	Grilled chicken wrap
Dessert	Chocolate brownie	Fruit salad	Vanilla cupcake	Fruit cup
Drink (juice)	Orange	Apple	Mango	Mix fruit

Monday

Category	Option 1	Option 2	Option 3	Option 4
Salad	Corn salad	Green salad	Pasta salad	Greek salad
Main Course	Beef burger	Chicken sandwich	Cheese sandwich	Falafel sandwich
Dessert	Cookie	Fruit salad	Mix fruit	Fruit cup
Drink (juice)	Orange	Apple	Mango	Mix fruit

Tuesday

Category	Option 1	Option 2	Option 3	Option 4
Salad	Arabic salad	Garden salad	Green salad	Classic Caesar
Main Course	Chicken shawarma sandwich	Mini pizza	Grilled chicken with rice	Beef lasagna
Dessert	Date cake	Fruit salad	Vanilla cupcake	Chocolate cake
Drink (juice)	Mango	Apple	Mix fruit	Orange

Wednesday

Category	Option 1	Option 2	Option 3	Option 4
Salad	Cucumber & tomato salad	Coleslaw	Corn salad	Classic Caesar
Main Course	Chicken pasta	Chicken fingers	Chicken nuggets	Cheese quesadilla

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Combo Option (Pre-order)

Dessert	Fruit salad	Vanilla pudding	Fruit cup	Brownie
Drink (juice)	Mango	Apple	Mix fruit	Orange

Thursday

Category	Option 1	Option 2	Option 3	Option 4
Salad	Greek salad	Green salad	Tabbouleh	Classic Caesar
Main Course	Beef wrap	Chicken sub sandwich	Vegetarian wrap	Club sandwich
Dessert	Fruit salad	Vanilla muffin	Fruit cup	Cookie
Drink (juice)	Mango	Apple	Mix fruit	Orange

Price per meal

Price	
Single meal per day	2.7BD
Weekly subscription (5 meals)	12.8BD
Monthly subscription (20 meals)	49.5BD

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All prices are in BHD and inclusive of 10% service charge, 5% government levy, and 10% VAT